



# Chapter 5

## Assessment for Learning in Immersive Environments

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**Abstract** Immersive Environments (IEs) hold many promises for learning. They represent an active approach to learning and are intended to facilitate better, deeper learning of competencies relevant for success in today’s complex, interconnected world. To harness the power of these environments for educational purposes (i.e., to support learning), we need valid assessments of the targeted competencies. In this chapter we focus on how to design and develop such valid assessments, particularly those providing an ongoing, unobtrusive collection and analysis of data as students interact within IEs. The accumulated evidence on learning thus provides increasingly reliable and valid inferences about what students know and can do across multiple contexts. This type of assessment is called “stealth assessment” and is applied toward the real-time measurement and support of learning in IEs—of cognitive and non-cognitive variables. The steps toward building a stealth assessment in an IE are presented through a worked example in this chapter, and we conclude with a discussion about future stealth assessment research, to move this work into classrooms for adaptivity and personalization.

**Keywords** Augmented reality • Diagnostic assessment • Immersive environments • Stealth assessment • Digital games • Virtual reality

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## 5.1 Introduction

In this chapter, we examine immersive learning environments (e.g., virtual reality, augmented reality, and digital games) and techniques toward the measurement and support of knowledge and skills therein. Our premise is that immersive environments (IEs) represent an active approach to learning and should thus facilitate better, deeper learning of competencies relevant for success in today’s increasingly complex world. Such environments also permit the application and practice of competencies in relatively safe and authentic spaces. Moreover, well-designed IEs that incorporate theoretically-grounded learning principles (authentic problem solving, rules/constraints, challenge, control, ongoing feedback, and sensory stimulation—see Shute, Ventura, Kim, & Wang, 2014) can be intrinsically motivating and therefore engaging; and student engagement is a key component of learning (Dede, 2009).

The IEs on which we focus are based on learning through experiencing, and understood through the theoretical lenses of constructivism (Piaget, 1973) and situated learning (Lave & Wenger, 1991). These theories emphasize active learners who construct meaning (Vygotsky, 1978). Constructivism states that effective learning environments are interactive places where learners achieve learning goals by collaborating with tools, information resources, and with others. Situated learning views cognition as being nestled within the activity, context, and culture in which it is developed. The learner is active in the learning process, where “doing” is more important than listening, and the learner determines the pace of learning.

Constructivism and situated learning are not, however, solely cognitive in nature as affect and cognition are complementary processes within all forms of learning. For example, cognitive complexity theory predicts that well-designed IEs facilitate learning by simultaneously engaging students’ affective and cognitive processes (Tennyson & Jorczak, 2008). Affective processes are dependent on how environmental stimuli engage the student.

Similarly, flow theory (Csikszentmihalyi, 1990) argues that flow—a positive experience associated with immersive environments—is an optimal learning state induced by intrinsic motivation, well-defined goals, appropriate levels of challenge, and clear and consistent feedback. Attaining a state of flow involves motivation, effort, and sustained attention thus there is a convergence between the core elements of well-designed IEs and the characteristics of productive learning (Shute et al., 2014).

The purpose of this chapter is to describe how to design and develop valid assessments to support learning in immersive environments, particularly in well-designed digital games. The basic idea is that learners’ interactions within such environments generate large amounts of data—cognitive and non-cognitive—which may be captured in log files and analyzed to yield cumulative estimates of current states of targeted competencies (Shute, Leighton, Wang, & Chu, 2016a). The results of the ongoing analyses can be used as the basis for feedback and other types of learning support, such as adapting the environment to fit learners’ needs.



66 In the following sections of this chapter, we review the relevant literature on IEs  
67 and their effects on learning, examine the role of diagnostic assessment in  
68 immersive learning environments by introducing stealth assessment, provide an  
69 example of stealth assessment within a well-designed game, and discuss next steps  
70 in this research. Our overarching thesis is that: (a) learning is at its best when it is  
71 active, goal-oriented, contextualized, and motivating; and (b) learning environ-  
72 ments should thus be interactive, provide ongoing feedback, capture and hold  
73 attention, and have appropriate and adaptive levels of challenge. Advances in  
74 technology, the learning sciences, and measurement techniques help to support  
75 these features through the design of IEs with deeply embedded assessment of  
76 targeted competencies.

## 77 5.2 How Does Immersion Improve Learning?

78 In this chapter, immersion refers to the subjective impression one experiences when  
79 interacting with a realistic, digitally-enhanced environment (Dede, 2009).  
80 Immersion may be experienced within contexts such as: (1) Virtual Reality (VR),  
81 where learners wear VR gear and go into an immersive computer-generated world  
82 with the illusion of “being there” or having a sense of presence, with immediate  
83 adjustments of the environment according to the learner’s head or body move-  
84 ments; (2) Multi-User Virtual Environment (MUVE), where learners can enter a 3D  
85 virtual world with their digital avatars and virtually interact with other people (Hew  
86 & Cheung, 2010); and (3) Mixed Reality (MR) or Augmented Reality (AR), that  
87 combines digital information (e.g., images, videos, 3D objects, and audio layers)  
88 with real-world settings, and allows users to interact in real-time within a rich  
89 immersive experience (Barfield, 2015). Well-designed digital games can provide  
90 immersive experiences in any of these three types of environment.

91 Interactions within an immersive environment produce a suspension of disbelief  
92 for learners (i.e., sacrificing realism and logic for the sake of enjoyment) that can be  
93 further enhanced when the immersive environment incorporates design strategies  
94 that emphasize actional, symbolic, and sensory elements (Dede, 2009). One clear  
95 benefit of immersive environments is that they allow participants to safely engage  
96 in actions that might be considered too risky or difficult in natural environments  
97 (actional immersion). For example, training medical students on triage processes is  
98 difficult due to the constraints in which activities undertaken during training reflect  
99 the natural world conditions where triage is needed, such as a natural disaster or a  
100 plane crash. Replicating the realism and extent of injuries along with patient  
101 deterioration using natural world training is both expensive and incompatible for an  
102 individual learning experience. Given the natural world restrictions of triage  
103 training, researchers designed, built, and tested an immersive game to support  
104 learning about how to conduct a triage sieve, as taught in a Major Incident Medical  
105 Management and Support Course (MIMMS) in the United Kingdom.



106 The game, *Triage Trainer* (Knight et al., 2010), was evaluated relative to its  
107 effectiveness, compared to traditional learning methods (i.e., card sorting exercises).  
108 A total of 91 participants (i.e., 44 in the card-sorting group and 47 in the *Triage*  
109 *Trainer* group) were tested on their ability to correctly prioritize each casualty  
110 (tagging accuracy) as well as follow the procedure correctly (step accuracy).  
111 According to Knight et al. (2010), participants using *Triage Trainer* performed  
112 significantly better than the card-sorting group for tagging accuracy ( $\chi^2(5) = 13.14$ ,  
113  $p < 0.05$ ) (i.e., 72% compared to 55%, respectively). In addition, the step accuracy  
114 results indicated four times as many participants in the *Triage Trainer* group (28%)  
115 correctly triaged all eight of the casualties compared to the card-sorting group (7%),  
116 and significantly more participants in the *Triage Trainer* group scored the maximum  
117 compared to the card-sorting group ( $\chi^2(1) = 5.45$ ,  $p < 0.05$ ).

118 In addition to cognitive effects, well-designed digital games that fully immerse  
119 learners in environments often elicit affective reactions (e.g., excitement, boredom,  
120 confusion, frustration) that differentially influence learning, such as the develop-  
121 ment of problem-solving skills and spatial abilities (e.g., Shute, Ventura, & Ke,  
122 2015). Furthermore, there are several conditions of gameplay that one can experi-  
123 ence in well-designed digital games (e.g., identity formation, persistent problem  
124 solving, practice, and interaction) that impact motivation, which in turn promotes  
125 engagement and meaningful learning (Clark, Tanner-Smith, & Killingsworth,  
126 2014).

127 Consider the game *World of Warcraft* (WoW). This is a good example of a fully  
128 immersive digital game in which the learning takes place in a goal-driven problem  
129 space where players negotiate different contexts (i.e., levels, scenarios, interactions)  
130 solving assorted problems with their avatars (Gee, 2008). Playing WoW success-  
131 fully requires various competencies (e.g., problem-solving skills and collaboration)  
132 as well as planning and executing strategies synchronously to accomplish goals. As  
133 players traverse each level in WoW, it is natural to reflect on and process gameplay  
134 choices, which helps to promote a more motivating gameplay/learning experience.  
135 Players additionally enjoy customizing different skills and abilities for their avatars  
136 because different combinations of abilities can lead to improved gameplay per-  
137 formance, which results in greater rewards earned.

138 An example customization by game players includes design modifications to the  
139 game that build models to be used for: (1) in-game performance improvement, and  
140 (2) addressing a naturally occurring and frustrating in-game problem—i.e., dealing  
141 with freeloaders. Thus, to improve in-game avatar performance, WoW players  
142 created an add-on modification called *Skada Damage Meter*, which displays how  
143 well each person in a group is performing based on feedback that is given to players  
144 as a percentage of damage or healing done per avatar. *Skada Damage Meter* dis-  
145 plays a chart with various metrics such as overall damage done, damage per minute,  
146 overall healing done, and healing per minute. These metrics enable group leaders to  
147 identify which players are underperforming based on their avatar role (i.e., damage  
148 absorber, damage dealer, and healer). Developing this modification illustrates how  
149 players were sufficiently motivated to solve a WoW problem, which has a

150 real-world parallel in workplace environments (i.e., individuals who attempt benefit  
151 from the success of others by trying to obscure their incompetent skills).

152 In addition to promoting problem-solving skills through gameplay, immersive  
153 games can serve as learning vehicles to support the development of knowledge and  
154 skills across various domains including: inquiry-based science learning with Quest  
155 Atlantis (Barab, Thomas, Dodge, Cardeaux, & Tuzun, 2005) and River City  
156 (Ketelhut, 2007), spatial skills with Portal 2 (Shute et al., 2015), and computational  
157 problem-solving (Liu, Cheng, & Huang, 2011) with TrainB&P (Train: Build and  
158 Program it). Immersion fosters learning by enabling multiple frames of reference  
159 and situated learning experiences (Dede, 2009). These multiple frames of reference  
160 provide different benefits for immersive learning. For instance, egocentric frames of  
161 reference support immersion and motivation through embodied learning, while  
162 exocentric frames of reference support abstract symbolic insights when one is  
163 further from the context of the environment.

164 Immersive environments also enhance a contextualized understanding of  
165 instructional content for learners in ways that are often decontextualized in formal  
166 learning settings. As mentioned earlier, these environments support meaningful  
167 learning experiences that are grounded by situated learning and constructivism  
168 learning theories. Situated learning is an active process that can generate excitement  
169 and curiosity in the learner to acquire knowledge by constructing meaning through  
170 specific problem-solving scenarios (Barab et al., 2005). Situated learning can also  
171 involve the adoption of multiple roles and perspectives and receiving guidance from  
172 expert modeling (Bransford, Brown, & Cocking, 2000). Through immersive  
173 interactions and gameplay, novice players can develop their skills by observing,  
174 communicating and interacting with other expert players; essentially emulating how  
175 junior scholars learn from their advisors in academic environments. In addition,  
176 players acquire in-game terminology through interactivity and communication with  
177 experts and novices, and language acquisition is an essential element to scaffolding.

178 Finally, immersive gameplay or other in situ interactions enable learners to  
179 traverse the zone of proximal development (ZPD; Vygotsky, 1978), which refers to  
180 the distance between what a learner can do with support by collaborating with peers  
181 or through guided instruction, and what they can do without support. The acqui-  
182 sition of knowledge begins with interaction, followed by the acquisition of lan-  
183 guage which provides meaning and intent so that behaviors can be better  
184 understood. Towards that end, well-designed IEs consist of rules, goals, feedback,  
185 skill mastery, and interactivity. To achieve quantifiable outcomes, players must  
186 acquire knowledge, skills, and other abilities. Immersive environments like digital  
187 games also promote play which is integral for human development, and is vital to  
188 assimilating and accommodating new information by interacting with a fluid  
189 environment (Shute et al., 2015). Well-designed IEs promote learning by requiring  
190 learners to apply various competencies (i.e., creativity, rule application, persistence)  
191 to solve novel problems thereby providing meaningful assessment environments for  
192 learners during gameplay. So how can these evolving competencies be accurately  
193 measured and thereby used as the basis for good evidence-based learning support?

### 5.3 Assessment in Immersive Environments

Assessment of student learning in IEs should not be measured using traditional summative tests (Shute, Leighton et al., 2016a). Such standardized tests provide a very narrow snapshot of student learning. Moreover, traditional assessments cannot provide immediate feedback to support learning or adapt the environment to learners' needs. Therefore, it is not surprising that the question of how to administer responsive, comprehensive, and balanced assessments within IEs is an emergent and complex question. Immersive environments provide novel learning opportunities that demand new assessment methodologies.

Shute (2011) used the term "stealth assessment" to refer to evidence-based, ongoing, and unobtrusive assessments, embedded within IEs (e.g., digital games, virtual reality, augmented reality). Stealth assessments capture, measure, and support the development of learners' targeted competencies in IEs which serve as vehicles for learning. Stealth assessment can be used to adapt the environment to accommodate learners' current levels/needs, as well as to provide appropriate feedback and other types of learning support (Shute, Ke, & Wang, 2017). According to Csikszentmihalyi (1990), such personalized support permits learners to maintain the state of flow (note: adaptivity is further discussed in the next section).

As a learner interacts with the IE (e.g., an augmented reality activity or video game), stealth assessment analyzes specific actions and interactions via data that are captured in the log file to estimate the learner's competency states in terms of evidence-based claims. Stealth assessment creates a student model and continuously updates it as the person interacts with the IE. Information from the student model, then, can be used as the basis for which to provide relevant feedback and/or adapt the IE to suit the learner's needs. In the process, this creates a personalized learning/playing experience.

Stealth assessment employs a principled assessment design framework called evidence-centered design (ECD; Mislevy, Steinberg, & Almond, 2003). ECD involves the development of conceptual and computational models (e.g., the competency, evidence, and task models) that work together to accomplish valid assessment (see Fig. 5.1).

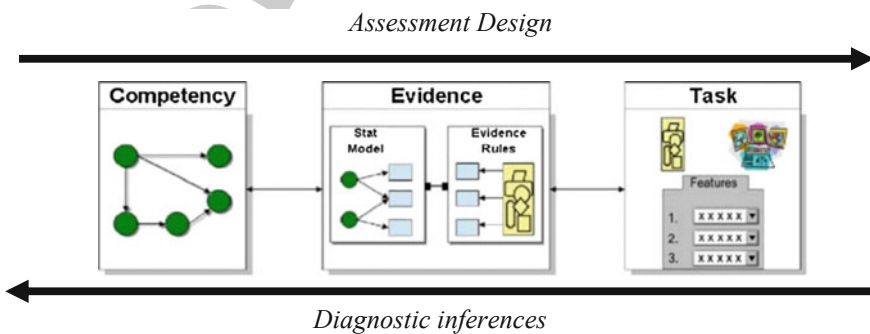


Fig. 5.1 Simplified ECD adapted from Mislevy et al. (2003)





The first model in ECD framework is the competency model, which explicitly specifies the knowledge, skills, and other attributes (collectively referred to as “competencies” in this chapter) to be measured by the assessment. This is intended to facilitate the operationalization of the construct with all of its associated facets and observable behaviors. The second model is the evidence model, which specifies the assignment of scores to the observable behaviors (i.e., the learner’s performance), such as whether dichotomous (i.e., an item response or activity is assigned a value of 1 if correct, otherwise a 0) or polytomous (i.e., an item response or activity is assigned values other than just 0 or 1 to show increasing performance quality) scoring will be used, and how the scores will be accumulated. Finally, the third model is the task model, which outlines the types of tasks, including all features, requiring development to elicit the competencies of interest from the learner.

Stealth assessment’s evidence-based models work together to accomplish ongoing analyses of all gameplay/interaction data. This provides more valid and reliable assessment results compared to traditional summative tests. Shute et al. (2017) delineate the steps for creating a stealth assessment in an IE:

1. Develop the competency model (CM) of targeted knowledge, skills, or other attributes based on comprehensive literature and expert reviews
2. Determine which IE (e.g., a game or other immersive media applications) the stealth assessment will be embedded into
3. Create a full list of relevant actions/indicators that serve as evidence to inform the CM and its facets
4. Create new tasks in the IE, if necessary
5. Create a matrix to link actions/indicators to relevant facets of target competencies
6. Determine how to score indicators by classifying them into discrete categories for the “scoring rules” part of the evidence model (EM)
7. Establish statistical relationships between each indicator and associated levels of CM variables using, for example, Bayesian Networks (BNs) (EM)
8. Pilot test the BNs and modify parameters
9. Validate the stealth assessment with external measures
10. Use the assessment estimates to provide feedback and targeted learning supports in the IE.

We now examine a worked example of a stealth assessment of problem-solving skills that was developed and used within a modified version of a popular immersive 2-dimensional game based on the steps described above.

## 5.4 An Illustration of Stealth Assessment in a Game Environment

To make the process of creating a stealth assessment come alive, we present an example in which a problem-solving stealth assessment was developed and built into a game called “Use Your Brainz” (UYB; a modified version of the game Plants

266 vs. *Zombies 2*; Shute, Wang, Greiff, Zhao, & Moore, 2016b). In the game, players  
 267 position a variety of special plants on their lawn to prevent zombies from reaching  
 268 their house. Each of the plants has different attributes. For example, some plants  
 269 (offensive ones) attack zombies directly, while other plants (defensive ones) slow  
 270 down zombies to give the player more time to attack the zombies. A few plants  
 271 generate “sun,” an in-game resource needed to utilize more plants. The challenge of  
 272 the game comes from determining which plants to use and where to position them  
 273 on the battlefield to defeat all the zombies in each level of the game.

274 To create a stealth assessment measuring problem-solving skills, Shute and  
 275 colleagues first developed a competency model of problem solving based on an  
 276 extensive literature review (step 1). The operationalized problem-solving CM  
 277 included four main facets: (a) analyze givens and constraints, (b) plan a solution  
 278 pathway, (c) use tools effectively/efficiently when solving the problem, and  
 279 (d) monitor and evaluate progress. In parallel with developing the problem-solving  
 280 CM, Shute and her team selected an appropriate IE (the UYB game) in which to  
 281 embed the stealth assessment (step 2). They selected this game for several reasons.  
 282 First, UYB requires ongoing problem-solving skills (like chess). Second, although  
 283 it is a 2D game, it can provide an immersive experience in that its engaging  
 284 environment requires players to continuously apply the various in-game rules to  
 285 solve challenging problems. Third, this work was part of a joint project with  
 286 GlassLab (see <https://www.glasslabgames.org/>), and Glasslab had access to the  
 287 game’s source code which allowed the researchers to modify the data to be captured  
 288 in the log files and embed the stealth assessment models directly into the game.

289 After finalizing the problem-solving competency model, Shute and her team  
 290 identified dozens of observable in-game indicators (after repeatedly playing the game  
 291 and watching expert solutions on YouTube). The indicators are used as evidence to  
 292 update the problem-solving CM (step 3; in this example step 4 was not needed). For  
 293 example, the research team determined that planting three or more sun-producing  
 294 plants (which provide the currency to use other plants) before the first wave of zombies  
 295 arrive is an indicator of the “analyze givens and constraints” facet and shows that the  
 296 player understands time and resource constraints. Table 5.1 includes some examples  
 297 of problem-solving indicators in UYB.

**Table 5.1** Example indicators for problem solving (from Shute, Wang, et al., 2016b)

Facets	Example indicators
Analyze givens and constraints	<ul style="list-style-type: none"> <li>Plants &gt;3 Sunflowers before the second wave of zombies arrives</li> <li>Selects plants off the conveyor belt before it becomes full</li> </ul>
Plan a solution pathway	<ul style="list-style-type: none"> <li>Places sun producers in the back, offensive plants in the middle, and defensive plants up front/right</li> <li>Plants Twin Sunflowers or uses plant food on (Twin) Sunflowers in levels that require the production of X amount of sun</li> </ul>
Use tools and resources effectively/efficiently	<ul style="list-style-type: none"> <li>Uses plant food when there are &gt;5 zombies in the yard or zombies are getting close to the house (within 2 squares)</li> <li>Damages &gt;3 zombies when firing a Coconut Cannon</li> </ul>
Monitor and evaluate progress	<ul style="list-style-type: none"> <li>Shovels Sunflowers in the back and replaces them with offensive plants when the ratio of zombies to plants exceeds 2:1</li> </ul>

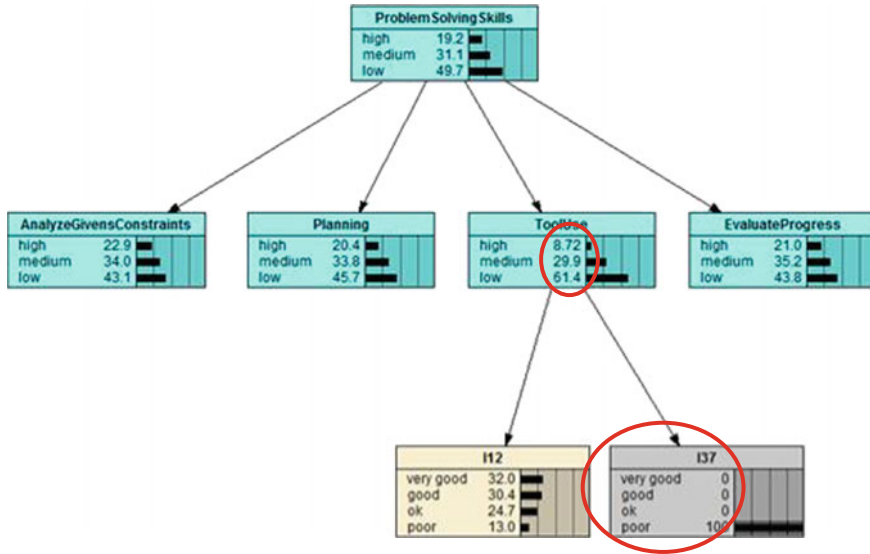


298 The next task in the UYB project was to create a Q-matrix (Almond, 2010) with  
299 the four problem-solving facets in columns and all of the relevant indicators listed  
300 in rows (step 5; where the crossed cells contain the value of “1” if the indicator is  
301 related to the facet and a “0” if they’re unrelated). Afterwards, they determined the  
302 scoring rules (step 6). This entails deciding about how to score the indicators by  
303 classifying them into discrete categories (e.g., yes/no, high/medium/low relative to  
304 the quality of the actions). For example, if a player planted six sunflowers before the  
305 second wave of zombies, the action will be automatically recorded as “yes” pro-  
306 viding positive evidence of the first facet “analyze givens and constraints.”

307 After categorizing all indicators, Shute and her team connected each indicator to  
308 the related CM variable(s) and established a statistical relationship between them  
309 (step 7). They used Bayesian Networks to create the statistical relationships,  
310 accumulate the incoming gameplay data, and update the beliefs in the competency  
311 model (note: they created one BN for each level, 43 BNs in total). Why were BNs  
312 used over other techniques? De Klerk, Veldkamp, and Eggen (2015) conducted a  
313 systematic literature review on various analytical approaches used in  
314 simulation-based and game-based assessments to analyze performance data (i.e., the  
315 data generated by learners’ interaction with the IE). The most prevalent examples of  
316 such analytic tools include Bayesian Networks (BNs), Exploratory and  
317 Confirmatory Factor Analysis, Item Response Theory, Multidimensional Item  
318 Response Theory, Cluster Analysis, Artificial Neural Networks, and Educational  
319 Data Mining. Overall, BNs were the most used analytical and data modeling  
320 framework to analyze learners’ performance data in game-based and  
321 simulation-based assessment. Moreover, there are several advantages to using BNs  
322 as a data modeling framework in IEs such as: (1) BNs provide an easy-to-view  
323 graphical representation of the competency model (direct and indirect relationships  
324 among variables) for clear operationalization; (2) BNs can “learn” from data as  
325 they’re probability models (thus make probabilistic predictions)—the degree to  
326 which observed data meet expectations of the model can help improve the original  
327 model as more data become available; (3) Updating BNs is immediate (as perfor-  
328 mance data come from the IE) compared to other analytical approaches (like IRT),  
329 so they provide real-time diagnosis—overall and at sub-score levels; and  
330 (4) Enhancements to BN software permit large and flexible networks with as many  
331 variables as wanted (Almond et al., 2015). Moreover, by using only discrete  
332 variables, BNs can be scored very quickly, making them suited for embedded  
333 scoring engines.

334 Consider indicator #37 in Fig. 5.2 (use of iceberg lettuce in UYB). This indi-  
335 cator is connected to the “tool use” facet, and a player has just performed some  
336 action in the game which was judged as “poor” (e.g., placed an iceberg lettuce  
337 proximal to a fire-breathing plant, thus cancelling out the “freezing” effect of the  
338 lettuce). The real-time estimate that the learner is low on the “tool use” facet is  
339  $p = 0.61$  (for more details see Shute, Wang, et al., 2016b).

340 When establishing the BNs for UYB, the game experts and psychometricians in  
341 the team initially set the probabilities of the various states, per competency model  
342 variable (i.e., the prior probabilities in BNs). However, after pilot testing the BNs,



**Fig. 5.2** An example of a BN with data for indicator #37 entered (poor use of iceberg lettuce)

343 data were used to modify the BN parameters (difficulty and discrimination)  
 344 accordingly (step 8). Finally, to validate the stealth assessment using external  
 345 measures (step 9), Shute and colleagues used two external measures of problem  
 346 solving skill: (a) Raven's Progressive Matrices (Raven, 1941) which examines  
 347 inductive ability (i.e., rule identification) based on given information; and  
 348 (b) MicroDYN (Wustenberg, Greiff, & Funke, 2012), a simulation which measures  
 349 problem solving skills based on acquiring and applying existing information (i.e.,  
 350 rule application).

351 Validation study participants were 7th grade students ( $n = 55$ ) from a middle  
 352 school in suburban Illinois. They students played the game for 3 h (1 h per day  
 353 across three consecutive days). The results showed that the students' scores from  
 354 the two external tests significantly correlated with the in-game stealth assessment  
 355 estimates [Raven's ( $r = 0.40$ ,  $p < 0.01$ ) and MicroDYN ( $r = 0.41$ ,  $p < 0.01$ )].  
 356 Therefore, the stealth assessment embedded in the UYB game appears to be valid.  
 357 Other studies have been conducted using stealth assessment to measure various  
 358 competencies, e.g., physics understanding (Shute et al., 2013) and persistence  
 359 (Ventura & Shute, 2013). The overall findings from these studies also show sig-  
 360 nificant correlations between external and the in-game estimates. Finally, it's  
 361 important to note that this assessment approach, while illustrated in a 2D envi-  
 362 ronment, can also be used in 3D games and environments (e.g., Portal 2 research,  
 363 see Shute et al., 2015). We now discuss the next logical steps to take—making IEs  
 364 adaptive based on assessment data.

## 5.5 Next Steps

After creating and embedding a stealth assessment into an IE and testing its psychometric properties (i.e., reliability, validity, and fairness), the next step is to provide adaptive or personalized learning supports (e.g., appropriate feedback and challenges) based on current estimates of competency states (Shute et al., 2017). This type of adaptation (i.e., *micro-adaptation*; see Kickmeier-Rust & Albert, 2010) keeps learners motivated to progress throughout the game/IE, engenders a state of flow, and aligns with their ZPD.

As mentioned earlier, Csikszentmihalyi (1990) asserted that when learners are fully engaged in tasks that are neither too difficult nor too easy, they enter the state of flow in which they learn best. Similarly, Vygotsky (1978) believed that the best learning experience happens when learners receive learning materials just beyond their current knowledge or skill level. Research has shown that adaptive learning activities generally yield better learning outcomes than non-adaptive activities (e.g., Kanar & Bell, 2013). We suspect that similar learning outcomes can be achieved via adaptive IEs. Moreover, learning/playing in an adaptive IE can facilitate learners' self-efficacy (Bandura, 1994) and self-determination (Ryan & Deci, 2000) because learners establish new beliefs about their personal capabilities when they progressively tackle challenges that are tailored to their current ability levels. In other words, the more learners overcome appropriately-challenging tasks, the more efficacious they feel in the IE in which they interact. The gratifying experience of efficacy makes the learners intrinsically motivated to continue facing new challenges (Klimmt, Hartmann, & Schramm, 2006).

To enhance learning—both processes and outcomes—learners' state of flow would be maintained by adjusting tasks/activities in the IE coupled with ongoing targeted feedback. In theory, this would motivate them to persist and enhance their self-efficacy (e.g., Van Oostendorp, van der Spek, & Linssen, 2013). To accomplish this goal, accurate, ongoing, and unobtrusive measurements of learners' current competency states (relative to cognitive, non-cognitive, and even affective variables) are needed to continuously adapt the IE to the learners' needs and capabilities in real-time. Research is needed on how to best prioritize the skill or affective state most in need of support.

One way to accomplish adaptation in an IE is via a task selection algorithm. For instance, Shute, Hansen, & Almond (2008) developed an adaptive algorithm that tends to select tasks for which the student has an approximately 50–50 chance of solving correctly. These tasks are likely to reside within the student's zone of proximal development (Vygotsky, 1978) and hence may be good candidates for promoting learning, particularly if accompanied by feedback. In contrast, non-adaptive (e.g., linear) IEs/games may present fixed sequences of activities or tasks, often arrayed from easy-to-difficult. This may lead to predictable and impersonal learning/gameplay experiences (Lopes & Bidarra, 2011) and perhaps boredom. Creating adaptive IEs empowered by stealth assessment is currently under development and we expect to see positive results on students' learning.



## 5.6 Conclusions

Immersive technologies are now available to use in formal education settings as they become more affordable. Historically, VR has been used in military training for many years, MUVes have been around for more than fifteen years, and AR has been used in museums, factories, medical arenas, and the military since the early 1990s. Nonetheless, their use in public educational settings has not been feasible due to the cost and availability of the technologies, until recently. Currently, low-cost VR experiences are possible with products like Google Cardboard which only costs \$15 and a smart phone (Brown & Green, 2016). Furthermore, according to a recent report (Adams Becker, Freeman, Giesinger Hall, Cummins, & Yuhnke, 2016), large investments are being made in the immersive media industry, and it is expected that the education sector will benefit from these investments within the next two to three years. In another report, Goldman Sachs predicted that the immersive media industry has the potential of being an \$80-billion market by 2025 (Bellini et al., 2016).

Because of these trends, many companies (e.g., Facebook, Samsung, Google, and HTC) have entered the race for developing content with advanced technologies to make the immersive media experience possible for all (Brown & Green, 2016). Furthermore, industry leaders recognize the potential benefits of immersive well-designed games just as learning theorists posit that gameplay experiences in immersive environments can substantially improve learners' problem solving skills through multiple interactions with novel problem solving scenarios (e.g., Van Eck & Hung, 2010). However, there are still barriers to adopting IEs in formal education settings—mainly related to getting the assessment part right.

Our broad vision relating to assessment for learning involves the ongoing collection of data as students interact within various IEs during and after regular school hours. When these various data streams coalesce, the accumulated information can potentially provide increasingly reliable and valid evidence about what students know and can do across multiple contexts. To accomplish this goal, we need high-quality, ongoing, unobtrusive assessments embedded in various IEs that can be aggregated to inform a student's evolving competency levels (at various grain sizes) and aggregated across students to inform higher-level decisions (e.g., from student to class to school to district to state, to country).

The primary goal of this idea is to improve learning, particularly learning processes and outcomes necessary for students to succeed in the twenty first century, such as persistence, creativity, problem solving skill, critical thinking, and other constructs. Current approaches to assessment/testing are typically disconnected from learning processes. With innovative assessment technologies like stealth assessment, teachers do not need to disrupt the normal instructional process at various times during the year to administer external tests to students. Instead, assessment should be continuous and invisible to students, supporting real-time, just-in-time instruction and other types of learning support in all types of IEs.



450 For this vision of assessment—as ubiquitous, unobtrusive, engaging, and valid  
451 —to gain traction, there are a several hurdles to overcome. Several immediate  
452 concerns are presented here (for more details on challenges and future research, see  
453 Shute, Leighton, et al., 2016a).

- 454 1. *Ensuring the quality of assessments.* U.S. schools are under local control, thus  
455 students in a given state could engage in thousands of IEs during their educa-  
456 tional tenure. Teachers, publishers, researchers, and others will be developing  
457 IEs, but with no standards in place, they will inevitably differ in curricular  
458 coverage, difficulty of the material, scenarios and formats used, and many other  
459 ways that will affect the adequacy of the IE, tasks, and inferences on knowledge  
460 and skill acquisition that can justifiably be made from successfully completing  
461 the IEs. More research is needed to figure out how to equate IEs or create  
462 common measurements from diverse environments. Towards that end, there  
463 must be common models employed across different activities, curricula, and  
464 contexts. Moreover, it is important to determine how to interpret evidence where  
465 the activities may be the same but the contexts in which students are working  
466 differ (e.g., working alone vs. working with another student).
- 467 2. *Making sense of different learning progressions.* IEs can provide a greater  
468 variety of learning situations than traditional face-to-face classroom settings,  
469 thus evidence for assessing and tracking learning progressions becomes more  
470 complex rather than general across individual students. As a result, we need to  
471 be able to model learning progressions in multiple aspects of student growth and  
472 experiences, which can be applied across different learning activities and con-  
473 texts. Moreover, there is not just one correct order of progression as learning in  
474 IEs involves many interactions between individual students and situations,  
475 which may be too complex for most measurement theories that assume linearity  
476 and independence. So theories of learning progressions in IEs need to be  
477 actively researched and validated to realize their potential.
- 478 3. *Privacy/Security.* This issue relates to the accumulation of student data from  
479 disparate sources. However, information about individual students may be at  
480 risk of being shared far more broadly than is justifiable. And because of the  
481 often high-stakes consequences associated with tests, many parents and other  
482 stakeholders fear that the data collected could later be used against the students.  
483

484 Despite these obstacles, constructing the envisioned ubiquitous and unobtrusive  
485 assessments within IEs across multiple learner dimensions, with data accessible by  
486 diverse stakeholders, could yield various educational benefits. First, the time spent  
487 administering tests, handling make-up exams, and going over test responses is not  
488 very conducive to learning. Given the importance of time on task as a predictor of  
489 learning, reallocating those test-preparation chores into meaningful pre-instructional  
490 activities that are more engaging for learners can benefit almost all students.  
491 Second, by having assessments that are continuous and ubiquitous, students are no  
492 longer able to “cram” for an exam. Although cramming can provide good  
493 short-term recall, it is a poor route to long-term retention and transfer of learning.



494 Standard assessment practices in school can lead to assessing students in a manner  
495 that conflicts with their long-term success. With a continuous assessment model in  
496 place, the best way for students to perform well is to engage with the content,  
497 interact with peers, and communicate ideas. The third direct benefit is that this shift  
498 in assessment mirrors the national shift toward evaluating students on acquired  
499 competencies. With increasing numbers of educators growing wary of traditional,  
500 high-stakes tests for students, ensuring students have acquired the “essential” skills  
501 needed to succeed in twenty first century workplace environments are consistent  
502 with the innovative type of assessment outlined in this chapter.

503 There is a need for innovative assessments given (a) the urgency for supporting  
504 new twenty first century skills, and (b) the increased availability of immersive  
505 technologies, both of which make it easy to capture the results of routine student  
506 work—in class, at home, or any place with available broadband access. One possi-  
507 bility is for twenty first century assessments to be so well integrated into students’  
508 day-to-day lives that they are unaware of its existence. This represents quite a  
509 contrast to our current testing contexts. However, while the benefits of using a  
510 seamless-and-ubiquitous model to run a business have been clear for more than four  
511 decades (e.g., using barcodes), applying this metaphor to education may require  
512 modifications given the desired outcome is knowledge rather than financial capital.  
513 For instance, there are certain risks to consider: students may come to feel like they  
514 are constantly being evaluated which could negatively affect their learning by  
515 causing unwanted stress. Another risk of a continuous assessment approach in  
516 education could result in teaching and learning turning into ways to “game the  
517 system” depending on how it is implemented and communicated. But the afore-  
518 mentioned hurdles and risks, being anticipated and researched in advance, can help  
519 to shape the vision for a richer, deeper, more authentic assessment (to support  
520 learning) of students in the future.

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## 626 Author Biographies

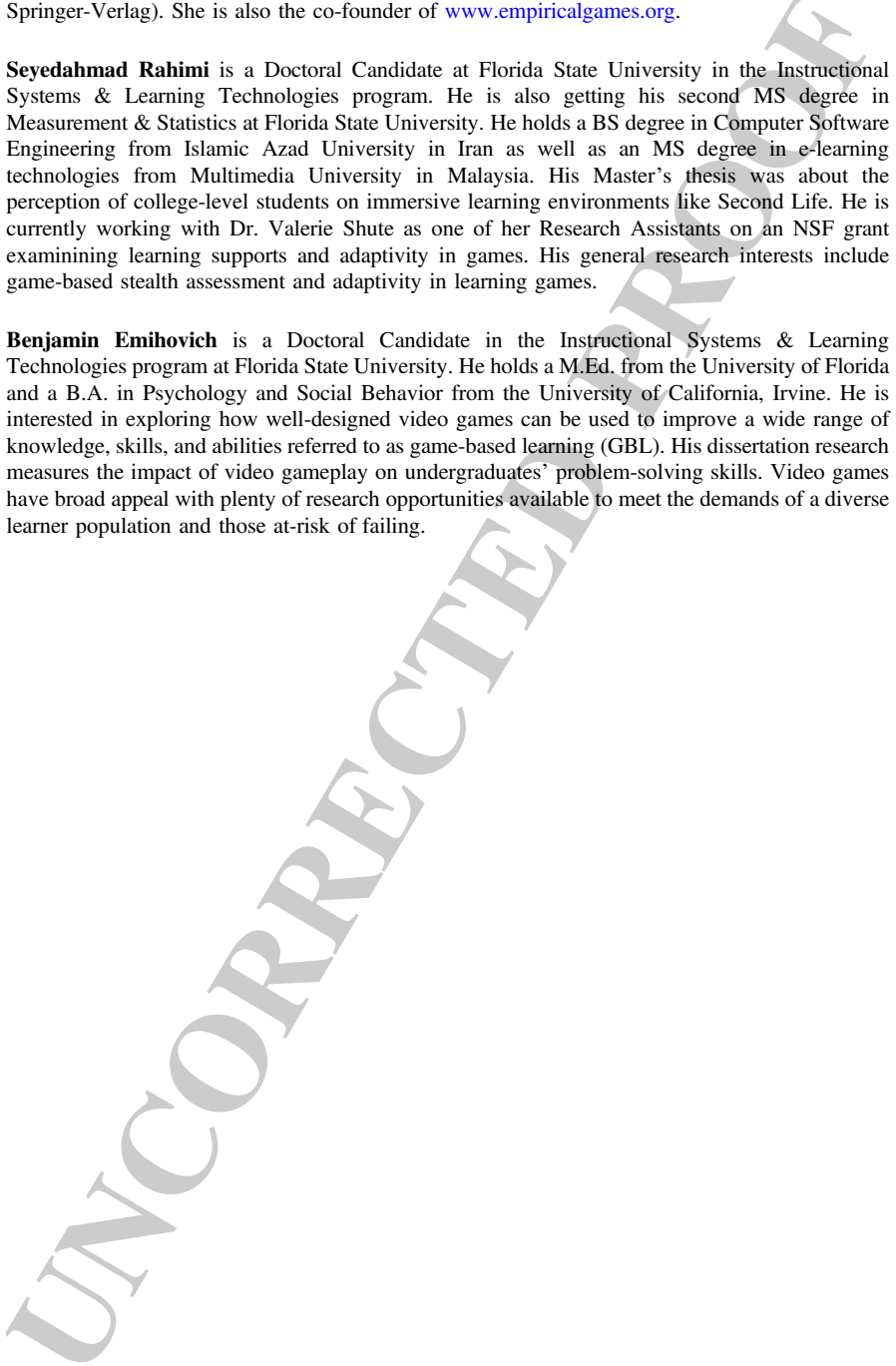
627 **Val Shute** is the Mack & Effie Campbell Tyner Endowed Professor in Education in the  
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629 coming to FSU in 2007, she was a principal research scientist at Educational Testing Service  
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632 around the design, development, and evaluation of advanced systems to support learning—  
633 particularly related to twenty first century competencies. Her current research involves using  
634 games with stealth assessment to support learning—of cognitive and noncognitive knowledge,  
635 skills, and dispositions. Her research has resulted in numerous grants, journal articles, books,  
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637 Measuring and supporting learning in games: Stealth assessment, The MIT Press; and Shute &  
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651 and a B.A. in Psychology and Social Behavior from the University of California, Irvine. He is  
652 interested in exploring how well-designed video games can be used to improve a wide range of  
653 knowledge, skills, and abilities referred to as game-based learning (GBL). His dissertation research  
654 measures the impact of video gameplay on undergraduates' problem-solving skills. Video games  
655 have broad appeal with plenty of research opportunities available to meet the demands of a diverse  
656 learner population and those at-risk of failing.



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