Supplementary Appendix S1 – Derivation of ρ_{reg} (nutrient uptake with regeneration and temporally-varying isotope dilution).

If we assume (as was assumed for the derivations of ρ_0 and ρ_{kan}) that nutrient uptake (ρ) is constant throughout the duration of a nutrient uptake experiment, we can define a series of differential equations defining the rate of change of the substrate (S), the particulate organic matter in the incubation (P) and the total isotope-label in the substrate (¹⁵S) and particulate organic matter (¹⁵P):

$$\frac{\partial S(t)}{\partial t} = (a-1)\rho \tag{A1}$$

$$\frac{\partial P(t)}{\partial t} = (1-a)\rho \tag{A2}$$

$$\frac{\partial^{15}S(t)}{\partial t} = a\rho \times I_P(t) - \rho \times I_S(t)$$
(A3)

$$\frac{\partial^{15}P(t)}{\partial t} = \rho \times I_S(t) - a\rho \times I_P(t)$$
(A4)

where a is the fraction of nutrient uptake that gets recycled in the incubation (as in Kanda et al., 1987), IP(t) is the isotope ratio of P at time t and IS(t) is the isotope ratio of S at time t. It follows that:

$$\frac{\partial I_S(t)}{\partial t} = \frac{a\rho \times I_P(t) - \rho \times I_S(t)}{S(t)}$$
(A5)

$$\frac{\partial I_P(t)}{\partial t} = \frac{\rho \times I_S(t) - a\rho \times I_P(t)}{P(t)}$$
(A6)

Ideally, we should solve the above system of equations to determine an unbiased estimate of ρ . Unfortunately, while the above set of differential equations has a closed form solution, the solution cannot be solved for ρ . However, we can make the simplifying assumption that substrate concentration and particulate organic matter concentration remain approximately constant during the incubation (S(t)≈S(0) and P(t)≈P(0)). I note that this approximation will be exactly true if a = 1. It should also be reasonable anytime that ρ is constant throughout the incubation. I also note that S(0) is equal to Namb + Nspk from Eq. 2. Given this assumption, and conservation of ¹⁵N in the incubation, we can show that:

$$I_{S}(t) = \frac{I_{P}(0) \times P(0) + I_{S}(0) \times S(0) - I_{P}(t) \times P(0)}{S(0)}$$
(A7)

Substituting A7 into A6 and rearranging gives us:

$$\frac{\partial I_P(t)}{\partial t} = \rho \left(\frac{I_P(0) \times P(0) + I_S(0) \times S(0)}{P(0) \times S(t)} - \frac{P(0) + a \times S(t)}{P(0) \times S(t)} I_P(t) \right)$$
(A8)

After rearranging:

$$\int \frac{\partial I_P(t)}{\left(\frac{I_P(0) \times P(0) + I_S(0) \times S(0)}{P(0) \times S(0)} - \frac{P(0) + a \times S(0)}{P(0) \times S(0)} I_P(t)\right)} = \int \rho \partial t$$
(A9)

So:

$$-ln\left(\left[\frac{P(0)+a\times S(0)}{P(0)\times S(0)}I_P(t) - \frac{I_P(0)\times P(0)+I_S(0)\times S(0)}{P(0)\times S(0)}\right]\right) = \frac{P(0)+a\times S(0)}{P(0)\times S(0)}\rho t + C$$
(A10)

Where C is a constant, which, after solving at time t=0, we can show is equal to:

$$C = -ln\left(\frac{I_S(0) - a \times I_P(0)}{P(0)}\right) \tag{A11}$$

Therefore:

$$\rho = \left(ln \left(\frac{I_S(0) - a \times I_P(0)}{P(0)} \right) - ln \left(\frac{I_P(0) \times P(0) + I_S(0) \times S(0)}{P(0) \times S(0)} - \frac{P(0) + a \times S(0)}{P(0) \times S(0)} I_P(t) \right) \right) \left(\frac{P(0) \times S(0)}{P(0) + a \times S(0)} \right) \frac{1}{t}$$
(A12)

Evaluated at the end of the incubation (t = T), this defines ρ in terms of variables measured in a typical nutrient uptake experiment:

$$\rho = \left(ln \left(\frac{I_{S}(0) - a \times I_{P}(0)}{P} \right) - ln \left(\frac{I_{P}(0) - I_{P}(t)}{[N_{spk} + N_{amb}]} + \frac{I_{S}(0) - a \times I_{P}(t)}{P} \right) \right) \left(\frac{P \times [N_{spk} + N_{amb}]}{P + a \times [N_{spk} + N_{amb}]} \right) \frac{1}{T}$$
(A13)

Eq. A13 should be an unbiased estimate of nutrient uptake rates if S and P remain constant throughout the incubation. This will always be true when nutrient regeneration in the bottle is complete (a=1) and the labeled nutrient is the only form of that element being utilized by organisms during the experiment. Constancy of S and P are also implied by the assumption of constant ρ throughout

the incubation experiments made in the derivations of Dugdale and Goering (1967) and Kanda et al. (1987). However, it is a potentially biased estimate when $a\neq 1$ and the concentrations of nutrients change during the incubation.