

**Matthew C. Podlogar, M.S.**

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<http://matthewpodlogar.com>

**Education**

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<b>Florida State University</b> Ph.D. candidate in Clinical Psychology M.S. in Clinical Psychology, awarded Dec 2015 Major Advisor: Thomas Joiner, Ph.D.	Aug 2013 - Present
<b>University of Colorado, Denver</b> Non-Degree seeking; Psychology	May 2012 - Dec 2012
<b>University of Colorado, Denver, Anschutz Medical Campus</b> Masters in Medical Science	Aug 2009 - Jan 2012
<b>University of California, Berkeley</b> B.A. with Honors in Molecular and Cellular Biology	Aug 2005 - May 2009

**Research Interests**

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Etiology, assessment, and treatment of suicidal ideation and behavior; Stigma; Self-report; Help-seeking

**Research Experience**

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<b>Graduate Research Assistant</b> <i>Military Suicide Research Consortium</i> <i>Florida State University, Tallahassee, FL</i> <u>Supervisor:</u> Thomas Joiner, Ph.D. <u>Email:</u> <a href="mailto:joiner@psy.fsu.edu">joiner@psy.fsu.edu</a>	Aug 2013 - Present
<b>Undergraduate Research Assistant</b> <i>University of Colorado at Denver, CO</i> <u>Supervisor:</u> Elizabeth Allen, Ph.D. <u>Email:</u> <a href="mailto:elizabeth.allen@ucdenver.edu">elizabeth.allen@ucdenver.edu</a>	Aug 2012 - Dec 2012
<b>Medical Student Research Scholar</b> <i>University of Colorado at Denver, CO</i> <u>Supervisor:</u> Douglas Novins, Ph.D. <u>Email:</u> <a href="mailto:douglas.novins@ucdenver.edu">douglas.novins@ucdenver.edu</a>	Aug 2010 - Sep 2012
<b>Undergraduate Honors Research Student</b> <i>University of California at Berkeley, CA</i> <u>Supervisors:</u> Jamie H.D. Cate, Ph.D. & Jack Dunkle, B.S. <u>Email:</u> <a href="mailto:jcate@lbl.gov">jcate@lbl.gov</a>	Jan 2009 - May 2009

## Clinical Experience

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### Florida State University Psychology Clinic

Aug 2014 – April 2017

(10 hrs/wk)

*Tallahassee, FL*Supervisors: Thomas Joiner, Ph.D.; Therese Kemper, Ph.D.; & Norman B. Schmidt, Ph.D.Email: joiner@psy.fsu.eduPopulation Served: Adult and adolescent outpatientsRole: Psychological trainee. Assessed, diagnosed, and treated mood and anxiety disorders among community clients under the supervision of a licensed clinician. Conducted individual therapy, group therapy, assessment, and on-call crisis management. Engaged in continuing education on psychopathology models and practice of empirically supported treatments.

### The Apalachee Center, Inc.

May 2016 – March 2017

(10 hrs/wk)

*Tallahassee, FL*Supervisor: Mark Reeves, Ph.D.Email: markr@apalacheecenter.orgPopulation Served: Adult outpatients and psychiatric inpatientsRole: Intern therapist. Assessed, diagnosed, and treated mood, anxiety, and psychotic disorders among adult community clients under the supervision of a licensed clinician. Conducted inpatient intervention and psychodiagnostic and cognitive assessment as available or by referral. Coordinated client care with case management team.

### VA Eastern Colorado Health Care System

Nov 2011 - Dec 2011

(40 hrs/wk)

*Denver, CO*Supervisor: Linda Power, M.D.Population Served: Adult and older adult psychiatric inpatientsRole: Inpatient psychiatry rotation medical student. Conducted, reported, and charted daily mental and physical health assessments of adult psychiatric inpatients. Coordinated specialty consults and wrote medical orders as a member of the Denver VA Adult Inpatient psychiatry team.

### Therapy Treatments Provided:

Cognitive Behavioral Therapy (CBT); Cognitive Behavioral Analysis System of Psychotherapy (CBASP); Cognitive Therapy (CT); Cognitive Processing Therapy (CPT); Imagery Rehearsal Therapy (IRT); Exposure and Response Prevention (ERP); Dialectical Behavioral Therapy (DBT) Skills Training, Group and Individual; Behavioral Activation (BA); Social Rhythms Therapy (SRT); Interpersonal Therapy (IPT); Motivational Interviewing (MI); Brief Cognitive Behavioral Therapy (B-CBT) for inpatient treatment; Acceptance and Commitment Therapy (ACT); Collaborative Assessment and Management of Suicidality (CAMS); Skills Training in Affect and Interpersonal Regulation (STAIR).

### Assessment Tests Utilized:

Wechsler Intelligence Scale-for Children (WISC-V); Woodcock-Johnson Tests of Cognitive Abilities (WJ-IV); Comprehensive Test of Phonological Processing (CTOPP-2); Beery-Buktenica Developmental Test of Visual-Motor Integration (VMI); Kaufman Test of Educational Achievement (K-TEA-3); Vineland Adaptive Behavior Scales, 2nd. ed.; Schedule for Affective Disorders and Schizophrenia for School-Age Children – Present and Lifetime Version (KSADS-PL); Structured Clinical Interview for Diagnostics for the DSM-IV-TR (SCID-I/P); Minnesota Multiphasic Personality Inventory, 2nd Ed. (MMPI-II); Millon Clinical Multiaxial Inventory (MCMI-IV).

## Teaching Experience

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### Abnormal Psychology

Fall 2016

*Dept. of Psychology, Florida State University*

Role: Course Instructor of an undergraduate upper division lecture course that focuses on the causes of personality disorganization, diagnosis and treatment of mental illness, and developments in experimental psychopathology.

### Undergraduate Research Opportunity Program (UROP)

2015 - 2016

*Center for Undergraduate Research and Academic Engagement, Florida State University*

Role: Project Mentor in a one year mentorship program of an undergraduate underclassman. Introduced her to work as a research assistant, and prepared her to present her project at the annual undergraduate research symposium.

## Research Publications

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\*Indicates mentored student

### Peer Reviewed Journal Articles (n =17)

1. **Podlogar, M.C.**, Rogers, M.L., Stanley, I.H., Hom, M.A., Chiurliza, B., & Joiner, T.E. (in press). Anxiety, depression, and the suicidal spectrum: A latent class analysis of overlapping and distinctive features. *Cognition and Emotion*. <http://dx.doi.org/10.1080/02699931.2017.1303452>
2. **Podlogar, M.C.**, Houtsma, C., Khazem, L.R., Mohberg, F., \*Mofield, T., Green, B.A., Anestis, M.D., Lim, I.C., & Joiner, T.E. (in press). The associations between Army National Guard vs. active duty soldier status and perceived burdensomeness, thwarted belongingness, and acquired capability. *Journal of Clinical Psychology*. <http://dx.doi.org/10.1002/jclp.22473>
3. Hagan, C.R., **Podlogar, M.C.**, & Joiner, T. (in press) "Suicide by cop" and the acquired capability for suicide. *Suicide and Law Enforcement*. [Compendium].
4. Hom, M.A., Stanley, I.H., **Podlogar, M.C.**, & Joiner, T.E. (2017). "Are you having thoughts of suicide?" Examining experiences with disclosing and denying suicidal ideation. *Journal of Clinical Psychology*. <http://dx.doi.org/10.1002/jclp.22440>
5. Chu, C., Him, M.A., Rogers, M.L., Stanley, I.H., Ringer, F., **Podlogar, M.C.**, Hirsch, J., & Joiner, T. (2017). Insomnia and suicide-related behaviors: A multi-study investigation of thwarted belongingness as a distinct explanatory factor. *Journal of Affective Disorders*. <http://dx.doi.org/10.1016/j.jad.2016.08.065>
6. Chiurliza, B., Hagan, C., Rogers, M., **Podlogar, M.C.**, Hom, M., Stanley, I., & Joiner, T. (2016). Implicit measures of suicide risk in a military sample. *Assessment*. <http://dx.doi.org/10.1177/1073191116676363>
7. Hom, M.A., **Podlogar, M.C.**, Stanley, I.H., & Joiner, T. (2016). Ethical issues and practical challenges in suicide research: Collaboration with institutional review boards. *Crisis*. <http://dx.doi.org/10.1027/0227-5910/a000415>
8. Silva, C., Hagan, C.R., Rogers, M.L., Chiurliza, B., **Podlogar, M.C.**, Hom, M., Tzoneva, M., Lim, I.C., & Joiner, T. (2016). Evidence for the propositions of the interpersonal theory of suicide among a military sample. *Journal of Clinical Psychology*. <http://dx.doi.org/10.1002/jclp.22347>
9. Hom, M.A., Lim, I.C., Stanley, I.H., Chiurliza, B., **Podlogar, M.C.**, Michaels, M.S., Buchman-Schmitt, J.M., Silva, C., Ribeiro, J.D., & Joiner, T. (2016). Insomnia brings soldiers into mental health treatment, predicts treatment engagement, and outperforms other suicide-related symptoms as a predictor of major depressive episodes. *Journal of Psychiatric Research*. <http://dx.doi.org/10.1016/j.jpsychires.2016.05.008>
10. Rogers, M.L., Stanley, I.H., Hom, M.A., Chiurliza, B., **Podlogar, M.C.**, Joiner, T.E. (2016). Conceptual and Empirical Scrutiny of Covarying Depression Out of Suicidal Ideation. *Assessment*. <http://dx.doi.org/10.1177/1073191116645907>

11. Chu, C. **Podlogar, M.C.**, Rogers, M., Buchman-Schmitt, J. M., Negley, J., & Joiner, T. (2015). Does suicidal ideation influence memory? A study of the role of violent daydreaming in the relationship between suicidal ideation and everyday memory. *Behavior Modification*.  
<http://dx.doi.org/10.1177/0145445515625189>
12. **Podlogar, M.C.**, Rogers, M., Chiurliza, B., Hom, M., Tzoneva M., & Joiner, T. (2015). Who are we missing? Nondisclosure in online self-report suicide screening questionnaires. *Psychological Assessment*.  
<http://dx.doi.org/10.1037/pas0000242>
13. Chu, C., **Podlogar, M.C.**, Hagan, C.R., Buchman-Schmitt, J.M., Silva, C., Chiurliza, B., Hames, J.L., Stanley, I., Lim, I., & Joiner, T. (2015). The interactive effects of the capability for suicide and major depressive episodes on suicidal behavior in a military sample. *Cognitive Therapy and Research*.  
<http://dx.doi.org/10.1007/s10608-015-9727-z>
14. **Podlogar, M.C.**, & Novins, D.K. (2015). Quality of care in American Indian child and adolescent behavioral health: A pilot study of patient and family perspectives. *Psychological Services, 12*(2), 112.  
<http://dx.doi.org/10.1037/a0038560>
15. Hagan, C.R., **Podlogar, M.C.**, Chu, C., & Joiner, T. (2015). Testing the interpersonal theory of suicide: The moderating role of hopelessness. *International Journal of Cognitive Therapy, 8*(2), 99-113.  
<http://dx.doi.org/10.1521/ijct.2015.8.2.99>
16. Hagan, C.R., **Podlogar, M.C.**, & Joiner, T. (2015). Murder-suicide: Bridging the gap between mass murder, amok, and suicide. *Journal of Aggression, Conflict, and Peace Research, 7*(3).  
<http://dx.doi.org/10.1108/JACPR-07-2014-0132>
17. Hames, J.L., Chiurliza, B., **Podlogar, M.C.**, Smith, A.R., Selby, E.A., Anestis, M.D., & Joiner, T.E. (2015). Perceived burdensomeness and thwarted belongingness predict excessive reassurance seeking among clinical outpatients. *Journal of Clinical Psychology, 71*(6), 597-605. <http://dx.doi.org/10.1002/jclp.22158>

Manuscripts under Review (n = 2)

18. **Podlogar, M.C.**, & Joiner, T. (under review). Gender differences in the association of religiosity with suicidal behavior. *Sex Roles*.
19. **Podlogar, M.C.**, Hom, M.A., Rogers, M.L., & Joiner, T. (under review). Allowing for explicit nondisclosure in self-report suicide risk screening. *Psychological Services*.

Manuscripts in Preparation (n = 4)

20. **Podlogar, M.C.**, & Joiner, T. (in preparation). The implicit association test and suicidal behavior: A meta-analysis.
21. **Podlogar, M.C.**, Hagan, C.R., Gai, A., Schneider, M., & Joiner, T. (in preparation). Advancing the prediction and prevention of homicide-suicide.
22. **Podlogar, M.C.**, \*Kelly, C., \*Strunk, C., Martinez, K., & Joiner, T. (in preparation). A descriptive analysis of over 70 cases of suicide by cop.
23. **Podlogar, M.C.**, \*Strunk, C., & Joiner, T. (in preparation). Mantherapy.org versus Lifeline.net: Comparative effectiveness of website exposure on reducing stigma against suicide and promoting help seeking.

**Oral Presentations**

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1. **Podlogar, M.C.**, & Min, S. (2016) *Gender differences in the association of religiosity with suicidal behavior*. 2016 American Sociological Association Conference, Seattle, WA.
2. **Podlogar, M.C.** (2016) *ManTherapy.org: helpful, hurtful, or neither?* 2016 Florida State University Graduate Research Day, Tallahassee, FL.

3. **Podlogar, M.C.** (2015) *The choice of non-disclosure in suicide risk screening questionnaires*. 2015 Florida State University Three Minute Thesis (3MT) Finalist competition, Tallahassee, FL. Accessible online at <http://fla.st/1Rb5fcC>
4. **Podlogar, M.C.**, Rogers, M., Chiurliza, B., Hom, M., Tzoneva M., & Joiner, T. (2015). *Who are we missing? Response pattern differences among Deniers, Endorsers, and Non-Disclosers in online self-report suicide screening questionnaires*. 2015 American Association of Suicidology Conference, Atlanta, GA.
5. Hagan, C.R., **Podlogar, M.C.**, Chu, C., & Joiner, T. (2015). *Testing the interpersonal theory of suicide: The moderating role of hopelessness*. 2015 American Association of Suicidology Conference, Atlanta, GA.
6. **Podlogar, M.C.** (2014). *Religiosity and suicidal behavior*. Fellows Society Research Sharing, The Graduate School, Florida State University, Tallahassee, FL.
7. **Podlogar, M.C.**, & Novins, D.K. (2011). *Building a foundation for quality of care research with American Indian children and adolescents: patient and family characteristics*. Dept. of Psychiatry Grand Rounds, University of Colorado, Anschutz Medical Campus, Aurora, CO.
8. **Podlogar, M.C.**, & Novins, D.K. (2011). *Quality of care research with American Indian children and adolescents: Patient and family characteristics*. Western Medical Student Research Forum, Carmel, CA.

### Poster Presentations

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\*Indicates mentored student

1. \*Kelly, C., **Podlogar, M.**, \*Strunk, C., & Joiner, T. (2016) *The Distinct Symptoms of Suicide by Cop*. 2016 Florida State University Undergraduate Research Symposium, Tallahassee, FL.
2. **Podlogar, M.C.**, & Joiner, T. (2016) *Should We Allow to Not Disclose Suicide Risk in Screening Surveys?* 2016 Florida State University Graduate Research Day, Tallahassee, FL.
3. **Podlogar, M.C.**, & Joiner, T. (2015). *A Multiple Mediator model for the Association between Religiosity and Suicidal Behavior*. 2015 American Association of Suicidology Conference, Atlanta, GA.
4. \*Mofield, T., & **Podlogar, M.C.** (2015). *Comparison of Interpersonal Theory of Suicide Contributing Factors between Active Duty Army and Army National Guard*. 2015 Florida State University Undergraduate Research Symposium, Tallahassee, FL.
5. Buchman, J.M., Ribeiro, J., Chu, C., **Podlogar, M.C.**, & Joiner, T. (2014) *Differential item responding on a suicide measure in the military: An evaluation of the Depressive Symptoms Inventory – Suicidality Subscale*. 2014 American Association of Suicidology Conference, Los Angeles, CA.
6. **Podlogar, M.C.**, & Novins, D.K. (2011). *Building a Foundation for Quality of Care Research with American Indian Children and Adolescents: Conceptualizing Patient and Family Characteristics*. UC Denver Anschutz Psychiatry Student Research Forum, Aurora, CO.
7. **Podlogar, M.C.**, Dunkle, J., & Cate, J.H. (2009). *Elongation Factor G and the 70S Ribosome: Growing Crystals for X-Ray Diffraction*. Undergraduate Honors Research Symposium, Berkeley, CA.

### Research Grants

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#### American Psychological Foundation/The Trust Eric A. Harris, EdD, JD Grant

2017

Title: Investigating the Selection Choice of “Prefer Not to Disclose” in Self-Report Suicide Risk Screening

Purpose: To investigate whether allowing for a choice of explicit nondisclosure in self-report suicide risk screening surveys may increase screening sensitivity without compromising screening specificity.

Role: Principal Investigator

Amount Awarded: \$5000

**Military Suicide Research Consortium (MSRC) Dissertation Award**

2016

Title: Investigating the Selection Choice of “Prefer Not to Disclose” in Self-Report Suicide Risk ScreeningPurpose: To investigate whether allowing for a choice of explicit nondisclosure in self-report suicide risk screening surveys may increase screening sensitivity without compromising screening specificity.Role: Principal InvestigatorAmount Awarded: \$2000**Clinical Graduate Research Development Award**

2016

Title: Help Seeking Attitudes for Suicide Risk among Veterans OnlinePurpose: To investigate among veterans, whether ManTherapy.org, a novel suicide prevention site targeted toward men, will affect attitudes about suicide and help seeking relative to TAU and a Sudoku control.Role: Principal InvestigatorAmount Awarded: \$600**Undergraduate Research Opportunity Program (UROP) Materials Grant**

2015

Title: Suicide by CopPurpose: To use qualitative coding of police reports to describe demographic frequencies and psychosocial predictors of suicide by cop cases.Role: Project Mentor (mentored undergraduate: Caitlin Kelly)Amount Awarded: \$250**Honors, Awards, and Other Grants**

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3MT Finalist: Florida State University Three Minute Thesis Competition (10 awarded)	2015
Military Suicide Research Consortium Research Training Day Travel Award (\$1000)	2015
Florida State University Congress of Graduate Students Travel Grants (\$200)	2014
Florida State University Graduate School Legacy Fellowship (\$50,000; 15 awarded)	2013
Army Commendation Medal, United States Army	2013
Army Achievement Medal (x2), United States Army	2011
Best Poster Award, UC Denver Anschutz Psychiatry Student Research Forum (\$100)	2011
Psychiatry Scholars travel award, UC Denver Anschutz (\$400)	2011
Honors in Molecular and Cell Biology, University of California, Berkeley	2009
High Distinction in General Scholarship, University of California, Berkeley	2009
Deans Honor List, University of California, Berkeley	2006-2009

**Academic Service**

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American Psychological Association, Military Psychology Division 19, Student Member	Oct 2014 - Present
American Association of Suicidology, Student Relations Committee Member	Aug 2013 - Present
American Association of Suicidology, Student Member	Oct 2012 - Present
Florida State Fellows Society, 2014 Fellows Forum Committee Member	Nov 2013 - Apr 2014
UC Denver Psychiatry Scholars, Member	Aug 2010 - Jan 2012
Military Medicine Student Interest Group, President	May 2010 - May 2011

**Ad hoc Reviewer:**

*Suicide and Life-Threatening Behavior*  
*Journal of Affective Disorders*  
*Psychiatry Research*

*Journal of Consulting and Clinical Psychology*  
*Journal of Psychiatric Research*

**Military Service**

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**Squadron Medical Officer**

Sep 2013 - May 2015

*Florida Army National Guard (FLARNG), Panama City, FL*

Maintained the medical readiness, sustainment, planning and operations of a battalion size cavalry unit (450 soldiers). Advised the Squadron Commander regarding medical support plans and operations for mission accomplishment.

**Medical Platoon Leader**

Sep 2013 - May 2015

*Florida Army National Guard (FLARNG), Panama City, FL*

Led a platoon of Army medics (20 soldiers) in their personal and professional development. The Medical Platoon trains to protect and preserve the health and wellness of the fighting force.

**Patient Administration Officer**

Aug 2011 - Aug 2013

*Colorado Army National Guard (COARNG), Aurora, CO*

Tracked, updated, and maintained protected health records for the Army National Guard units within the state of Colorado (2000 soldiers), in order to ensure state medical readiness.

**U.S. Army Aeromedical Research Laboratory Intern**

Jul 2008 - Aug 2008

*United States Army, Medical Research and Materiel Command, Fort Rucker, AL*

Conducted supportive experimental data collection and analysis of thermal sensitivity ratings for the Advanced Combat Helmet (ACH) pad system.

**Reserve Officer Training Corps (ROTC) Cadet**

Nov 2006 - May 2009

*United States Army, University of California, Berkeley*

Advanced through military academic education and mastery of basic soldiering skills. Developed leadership roles in garrison and field operations. Improved physical and mental discipline, and embodied Army Values.

**Trainings, Skills, and Certifications**

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1. *Nonviolent crisis intervention*. Presented by CPI: Crisis Prevention Institute. Tallahassee, FL. April 7, 2016
2. *Advanced techniques for motivational interviewing*. Presented by Dr. Therese Kemper. Tallahassee, FL. July 16-17, 2015
3. *Brief behavioral activation treatment for depression*. Presented by Dr. Carl Lejuez. Tallahassee, FL. December 5, 2014
4. *Culturally competent mental health care and disparities in Latino mental health*. Presented by Dr. Steve Lopez. Tallahassee, FL. April 25, 2014

Experience using SPSS, R, Mplus, NVivo, LIWC, MediaLab, DirectRT, Titanium, Avatar, Qualtrics, Mobirise, and javascript. Certified in Human Subjects Research under CITI & NIH. HIPPA certified.